Thank you to our community for donating to Four Seasons Foundation, ensuring care is accessible to those in need.
Learn more at FourSeasonsFDN.org

Hospice Honors • Top 100 in Experience for Home Care, Circle of Life Award and others!

We Make House Calls!
Our services are provided to you in the comfort of your home by our highly trained Physicians, Nurse Practitioners, Physician Assistants, Nurses, CNAs, Social Workers, Spiritual Counselors, and Volunteers. Wherever you lay your head, whether that is your private home, a skilled nursing center, retirement community, hospital, or other space, we provide quality care to you.

We are Experienced and Innovative
- Four Seasons has been serving Western North Carolina since 1979
- We participate in leading-edge research and trials to ensure our patients receive the best care
- We offer unique programs like Music Therapy, Pet Therapy and advanced grief counseling techniques.

We Provide Quality Care
- Our quality outcomes rank above the national average, scoring 24 out of 24 regarding the experience of care.
- Over 94% of our Hospice patients reported that their pain improved within 48 hours of admission.
- Over 97% of our families report that their loved one was treated with dignity and respect, according to a 2021 HEALTHCAREfirst report.

We are Nationally Honored
Four Seasons is an award-winning organization achieving Deemed Status by the Joint Commission, Hospice Honors, Top 100 in Experience for Home Care, Circle of Life Award and others!

We Hire the BEST and Care for Our Team
Four Seasons was named One of the Top 50 Best Places to Work in the nation, according to Modern Healthcare and achieved Living Wage Certification. We hire the best team and making sure that team has a good work environment, excellent benefits, flexibility, good work/life balance, and opportunity for advancement.

We Listen to You
One of the first questions we will ask is “what is most important to you?” We listen to the patients, caregivers and families to help you through this difficult season.

We Provide Person-Centered Care
Being a non-profit organization gives Four Seasons the opportunity to make people our primary focus. We care for the whole person, not just the physical symptoms, because we know serious illness not only affects the patient’s body, but also their emotional and spiritual wellbeing. This is why our care teams include not only providers, nurses and CNAs, but also spiritual care counselors, music therapists, social workers, grief counselors and volunteers.

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Four Seasons is Grateful to Serve
13 Counties in Western North Carolina

Through My Eyes
Amy Hanks Shares Her Family’s Experience with Four Seasons
Amy Hanks’ sister, Tracy, and father were both cared for by Four Seasons Hospice Team within 9 months of each other. “I would encourage people to call hospice sooner than later. I never felt they were rushing the process. They were helping us to spend quality time with our loved ones. It gave me comfort having Four Seasons there to explain what was happening and gave me peace. I don’t think I would have had if we hadn’t had hospice care. Both Tracy and my dad were comfortable which allowed us to concentrate on just spending time with them. It allowed us to rally around them, talk to them about memories and good things. We played music and did a lot of things that just felt comforting.”

- Amy Hanks, Asheville, NC

Four Seasons Care
Palliative Care • Hospice Care • Home Care
Pediatric Palliative & Hospice Care
Care Navigation • Grief Services

Serving Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, Polk, Rutherford, Swain, and Transylvania Counties.

866.466.9734 | FourSeasonsCare.org
At Four Seasons we recognize that Palliative Care and Hospice Care patients have very different needs from our adult patients. Our team of highly-trained Providers, Nurses, and CNAs work with children, parents/guardians, and the families to ensure that we provide life-enhancing care in your home. We listen to you, and will work with you to create a plan that is best for your child and family. These services are paid for by Commercial Insurance, Medicaid, Private Pay, and the Four Seasons Foundation.

CARE NAVIGATION
Care Navigation is helpful for Clients and Caregivers who want options and information about health care, help in interpreting health care visits and treatment plans, and referral to support resources. Our team is comprised of Aging Life Care™ professionals who collaborate with you to devise a path for your healthcare journey and plan for the Right Care at the Right Time. Care Navigation will help you craft plans for the "what if" and "what will be" providing expertise, guidance, and support for clients through advocacy, education, and on-site assistance when the need arises.

GRIEF SERVICES
Four Seasons Grief Services provides compassionate care for those in our community who have experienced loss of a loved one. Our professionally trained clinicians provide individual and group counseling, regardless of whether hospice was involved or not. In addition, we offer the Compass program, which helps grieving children and teens who are surviving a recent loss or dealing with the anticipated death of a loved one. Funded by generous community donations, these services are available at no cost to you.

TRUSTED CARE SERVICES

HOME CARE
- WHY Call Home Care?
  - Provide needed assistance with daily routine tasks (bathing, help with groceries, companionship) so patient may remain at home
  - Reduce the risk of hospital admissions/re-admissions
  - Maximize in-home support to increase quality of life
  - Support patient goals and assist family/caregiver
  - Significantly reduce fall risk and promote safety & independence in the home
- WHERE is Home Care Provided?
  - We provide Home Care in a Private Home, Assisted Living Community, or Skilled Nursing Center.
  - Currently being provided in Buncombe, Henderson, and Transylvania counties.
- HOW is Home Care Paid For?
  - Long Term Care Insurance • VA • Private Pay
  - Four Seasons Foundation

PALLIATIVE CARE
- WHY Call Palliative Care?
  - Enhance quality of life when living with serious illness
  - Manage pain and other distressing symptoms
  - Support patient and family goals
  - Assist with Advance Care Planning documentation
  - Facilitate complex decision-making
- WHEN is it Time to Call Palliative Care?
  - Palliative Care is for patients of any age, including Pediatric Patients, who are living with a serious illness like Alzheimer’s or other types of Dementia, Cancer, Parkinson’s disease, Heart Failure, Liver or Kidney Failure, COPD, and who may still be seeking curative, life-prolonging treatment.
- WHO is the Palliative Care Team?
  - Our Palliative Care Team consists of a Provider (Physician, Physician Assistant, or Nurse Practitioner), Nurse, Social Worker, and others who work together with your health care provider(s).
- WHAT Does the Palliative Care Team Do?
  - Collaborates with your existing health care providers to coordinate care (we don’t replace your doctor, we are additional support for you)
  - Provides pain, symptom, and medication management
  - Physical assessment by a Provider
  - Provides support from a healthcare social worker
  - Conducts a medication audit to prevent drug interactions
  - Provides emotional and spiritual support from qualified professionals
  - Offers assistance with Advance Care Planning
- WHERE is Palliative Care Provided?
  - We provide care in a Private Home, our Clinic, Assisted Living Community, Skilled Nursing Center, Hospital and to people without housing. Palliative Care is provided in all thirteen counties we serve.
- HOW is Palliative Care Paid For?
  - Commercial Insurance • Medicare • Medicaid • Private Pay
  - Four Seasons Foundation • Medications paid by commercial insurance or Medicare D

HOSPICE CARE
- WHY Call Hospice Care?
  - We manage symptoms like pain, trouble breathing, anxiety, or nausea
  - We foster quality of life and support patient and family goals
  - We help with decision making, understanding the dying process, and grief support
- WHEN is it Time to Call Hospice Care?
  - Hospice Care is for patients of any age with a life expectancy of 6 months or less who are no longer seeking curative, life-prolonging treatment. Pediatric patients may continue with curative treatment and receive concurrent hospice care.
- WHO is the Hospice Care Team?
  - Each Hospice Care Team consists of a Provider (Physician, Physician Assistant, or Nurse Practitioner), Nurse, CNA, Social Worker, Spiritual Counselor, Music Therapist, Volunteers, and others who work together to manage the physical, emotional and spiritual needs of the individual and loved one(s).
- WHAT Does the Hospice Care Team Do?
  - Collaborates with the individual and loved one(s) to create a plan that provides comfort and enhances life
  - Provides On-Call Nurse support and visits
  - Offers Certified Nursing Assistant services
  - Provides pain, symptom, and medication management
  - Physical assessment by a Provider or RN
  - Provides support from a healthcare social worker
  - Helps to procure durable medical equipment
  - Offers access to Music Therapy, Spiritual Care, and Volunteer Support
- WHERE is Hospice Care Provided?
  - We provide care in a Private Home, Assisted Living Community, Skilled Nursing Center, Hospital, to people without housing. Palliative Care is provided in all thirteen counties we serve.
- HOW is Hospice Care Paid For?
  - Commercial Insurance • Medicare • Medicaid • VA Private Pay • Four Seasons Foundation