THE FOUR SEASONS DIFFERENCE

- We are a nonprofit organization focusing on providing trusted, person-centered care.
- One of the first questions we ask is "what's most important to you?" We use that information to guide your care plan and to prioritize your goals.
- We offer unique programs like Music Therapy for hospice patients. Music Therapy is an evidence-based approach to using musical interventions to address a person's physical, emotional, cognitive, and social needs. It can help with pain, trouble breathing, and anxiety and also helps foster connections between the patient and loved ones.
- Our Hospice Care Team also includes a chaplain who provides spiritual counseling regardless of the individuals faith or world view.
- Our Social workers provide counseling, and help in navigating difficult healthcare decisions, help in creating advance directives.
- In addition to Hospice and Palliative Care, Four Seasons offers Grief Services and Care Navigation.
- Providers and nurses who serve your area actually live in your community.

FOUR SEASONS
HOSPICE CARE

HOSPICE
Myths & TRUTHS

Myth 1: Hospice is Assisted Death or Hastens Death

TRUTH: We do not administer drugs that cause death. Hospice is about living. It's about managing symptoms and providing support, so patients can spend time with loved ones in comfort and dignity. In fact, studies have shown that those who involve hospice may actually live longer.

Myth 2: Hospice is a PLACE

TRUTH: Hospice is a specialized medical service, not a place. The vast majority of people receive care right in their own homes, in their favorite chair, surrounded by familiar things. We come to you, wherever you call home, providing support for your caregiver and family.

Myth 3: Hospice is Just for Cancer Patients

TRUTH: While some Hospice patients do have cancer, the majority have other life-limiting illnesses such as end-stage heart, lung, or kidney disease, Alzheimer's disease, and other forms of dementia. Hospice Care also is not limited to a specific age range.

Myth 4: Hospice Care Means You are Giving Up

TRUTH: Hospice isn't about giving up. It's about focusing on comfort, dignity, and making every day the best it can be. It's a shift from seeking a cure to living life on y our own terms.

Myth 5: Hospice Overmedicates Patients

TRUTH: We discuss the patient and family's priorities when we first meet with them and ensure they get the right medication for their goals. Our highly trained providers specialize in symptom management and use precise doses to ensure comfort and also clarity, it that is a priority for them. Hospice isn't about being sedated. It's about being present for the moments that matter most.

Myth 6: Strong Medicine Like Morphine Makes Death Come Faster.

TRUTH: Hospice providers are experts in managing symptoms and will only prescribe the medications and doses necessary to alleviate pain or trouble breathing and help improve quality of life. In fact, research suggests that good management of pain or shortness of breath near the end of life may help some people live a bit longer.